



### **Clinical commissioning policies**

Following recommendations from the Clinical Priorities Advisory Group, NHS England has published a number of *clinical commissioning policies* for new treatments that will now be routinely available on the NHS.

To read more [click here](#)

### **Developing new care models through vanguards**

The National Audit Office has published *Developing new care models through NHS vanguards*. This report examines whether the NHS is well placed to get value for money from its investment in developing new care models through vanguards. In particular, it focuses on the set up and management of the vanguard programme; national support and evaluation; progress made by the vanguards; and readiness for the spread of these new care models.

[Report](#)

### **New models of care**

The Good Governance Institute and Dudley CCG have published the following papers exploring some of the key challenges facing the development of New Models of Care in the NHS with a selection of questions for organisations to consider:

- [New models of care: relationship with the private sector](#)
- [New models of care: competition and integration](#)
- [New models of care: a new type of leadership?](#)
- [What is the future of commissioning within the NHS?](#)
- [A sustainable NHS: partnership working in the future](#)

### **New models of integrated care**

The National Association of Primary Care has published *Achieving the provision of integrated care: exploring the development and successful implementation internationally of new models of integrated care* (pdf). This report of a two-day symposium attended by health experts from the UK, USA and Ireland, traces the development and impact of integrated care to date, highlights some examples of successful practice and draws out the key lessons for later-adopters.

[Report](#)

### **Primary care contribution to an integrated care system**

NHS England has published a case study *Primary Care Networks: The building blocks of an Integrated Care System – Dorset, South West*. This study explores how primary care contributes to integrated care systems and looks at the benefits of working in Primary Care Networks to provide more joined-up care for patients and to reduce pressures on the general practice workforce.

To read more [click here](#)

### **Evidence based interventions**

NHS England, in collaboration with other health organisations, has launched a consultation on *Evidence Based Interventions*. The consultation looks at the design principles of the Evidence Based Interventions Programme for reducing the delivery of clinically ineffective interventions. The finalised programme will be announced later this year. The consultation closes on 28 September 2018.

To read more [click here](#)

### **How older people move between health and social care**

The Care Quality Commission has published *Beyond barriers: how older people move between health and care in England*. Following the completion of 20 local authority area reviews; this report looks at how services are working together to support and care for people aged 65 and over. It highlights some examples of organisations working well together but the reviews also found too much ineffective co-ordination of health and care services, leading to fragmented care. The report sets out a number of recommendations to encourage improvement in the way agencies and professionals work to support older people to stay well.

[Report](#)

Additional link: [CQC press release](#) [Local system reviews](#)

### **Steps towards a new NHS plan**

The NHS Confederation has published *Ten steps towards a new plan for the NHS in England*. The Confederation is calling for a national conversation about what we want and can expect from the health service in England over the next ten years. It proposes ten actions which would underpin specific priorities for a new plan.

To read more [click here](#)

### Value of executive commissioning nurses

NHS Clinical Commissioners has launched an infographic showcasing the expertise and insight that *executive commissioning nurses* can bring for patients, populations and the system, which will be crucial to implementing patient centred care as the NHS moves towards integrated place-based planning.

[Infographic](#)

### NHS Pay Review Body report

The *National Health Service Pay Review Body 31st report: 2018* has been published. This report sets out the NHSPRB's analysis of evidence provided by relevant organisations and makes observations on the pay of NHS staff paid under Agenda for Change for 2018 to 2019.

[Report](#)

### NHS pay system

The Centre for Policy Studies has published *An NHS bonus: how fixing the NHS's broken pay system can deliver better outcomes for patients*. This report argues that by introducing greater flexibility into the system, and linking pay more closely with performance and objectives, both NHS productivity and patient outcomes could be improved. It urges the Government, and NHS managers, to make reform of the pay system an urgent priority as part of the new funding settlement.

[Report](#)

### Learning from safety incidents

The Care Quality Commission has published a series of resources aimed at ensuring the safety and well-being of people using their services. The *Learning from safety incidents resources* cover falls from improper use of equipment, unsafe use of bed rails, fire risk from the use of emollient creams, burns from hot water or surfaces, and safe management of medicines.

To read more [click here](#)

Additional link: [CQC press release](#)

### The NHS and the independent sector

The NHS Confederation has published *Working together since 1948: celebrating 70 years of partnership between the NHS and independent sector*. This document outlines examples from across the decades of how the independent sector has supported the NHS and helped improve patient outcomes and value for money.

To read more [click here](#)

### Regulation of independent healthcare services

The Care Quality Commission has published the *responses to its consultation on regulating independent healthcare services*. It has also published updated guidance for providers confirming the new approach.

To read more [click here](#)

### Financial sustainability of local authorities

The Public Accounts Committee has published *Financial sustainability of local authorities*. The Committee finds that the Ministry of Housing, Communities and Local Government has no plan to secure the long-term future of local services and is overly reliant on a favourable 2019 Spending Review outcome. The recent news on additional money for the NHS did not include anything for social care; given that social care is the other half of the equation, it is vital that there is a long-term solution.

To read more [click here](#)

### NHS funding settlement

NHS Providers has published *The NHS funding settlement: recovering lost ground*. Following the recent announcement of funding for the NHS, this report is intended to open a debate on how the new money could be divided between recovery, transformation, keeping up with rising costs and improving outcomes for patients, by focusing on the costs of recovering the NHS position on performance and finance which is the first step.

To read more [click here](#)

Additional links: [Interview - NHS Providers' policy advisor \(finance\)](#) [Blog – the ten year plan must be realistic about the scale of the recovery task ahead](#) [Blog – Recovering lost ground in the NHS](#)

### Costing skills in the NHS

The Healthcare Financial Management Association has published *Costing skills in the NHS*. This document presents the survey results from a Healthcare Costing for Value Institute survey of costing practitioners to gauge whether there is the capability and capacity within the NHS to deliver the requirements of the Costing Transformation Programme, as well as promote the use of cost data.

To read more [click here](#)

### Impact of new technology on the NHS

The Health Foundation, Institute for Fiscal Studies, The King's Fund and the Nuffield Trust have published the final briefing in their series marking 70 years of the NHS. *What will new technology mean for the NHS and its patients?* looks at the uptake and potential of the following trends in technology: genomics and precision medicine; remote care; technology supported self-management such as apps and wearables; and data analytics and artificial intelligence.

[Briefing](#)

Additional link: [Nuffield Trust press release](#)

### New technologies and the healthcare workforce

Health Education England has published the interim report from the Topol Review *Preparing the healthcare workforce to deliver the digital future: interim report – June 2018 – a call for evidence*. HEE is now calling for evidence from experts across the NHS and the technology sector to support the final Topol Review which is expected to be published towards the end of 2018.

[Report](#)

Additional link: [HEE press release](#)

### NHS Digital: cyber security / patient de-identification

NHS Digital has issued the following press releases:

- [Cyber security boost to the NHS as NHS Digital joins forces with IBM](#) - NHS Digital has entered into a three-year strategic partnership with IBM to provide a range of new and improved services to enhance data security and cyber security responses and provide additional defence against increasingly complex, evolving threats.
- [NHS Digital leading the protection of patient data with new patient de-identification solution](#) - NHS Digital has signed a contract to deliver a new software solution for the de-identification of patient information, to help improve the way that data is used across the NHS and social care.

### Local Health and Care Records Exemplars

NHS England has announced a further two areas chosen to become *Local Health and Care Records Exemplars*. The areas are Yorkshire and Humber and Thames Valley and Surrey. Each area will receive up to £7.5 million over two years to put in place an electronic shared local health and care record that makes the relevant information about people instantly available to everyone involved in their care and support.

To read more [click here](#)

### The health and social care interface

The National Audit Office has published *The health and social care interface*. This 'think piece' presents and discusses 16 challenges to improved joint working between health and social care. It highlights some of the work being carried out nationally and locally to overcome these challenges and the progress that has been made. It also draws out the risks presented by inherent differences between the health and social care systems and how national and local bodies are managing these.

To read more [click here](#)

### Financial future of health and social care

The Healthcare Financial Management Association has published *Looking ahead: the NHS at 100*. This report explores the key challenges the HFMA think will have the biggest impact on the financial future of health and social care. It highlights the likely direction of travel and provides insight to help inform current decision-making.

[Report](#)

### General practice case studies

NHS England has published the following general practice case study videos:

- [Great Yarmouth – Time for Care](#) – video showcasing how the Time for Care programme helped meet challenges of a population of largely the elderly and retired in villages, alongside one of high deprivation in an urban centre
- [A GP's diary of quality improvement – June 2018](#) – a GP reflects on the past year and what learning from the General Practice Improvement Leaders programme has done for her and her practice team

### GP Partnership Review: terms of reference

The Department of Health and Social Care has published *GP Partnership Review terms of reference*. The review will consider how to reinvigorate the partnership model and equip it to lead the transformation of general practice for the future.

To read more [click here](#)

### **General practice: Quality and Outcomes Framework / payments and digital technology**

NHS England has published *Report of the Review of the Quality and Outcomes Framework in England*. This report presents the findings of the Quality and Outcomes Framework (QOF) for general practice review and supports wider discussion about how to reform the QOF, which will inform negotiations between NHS England and the British Medical Association.

[Report](#)

Related to this, NHS England is [inviting views from GPs, patients and healthcare professionals](#) on the QOF and also, how [general practice payments might change to fairly support the rollout of digital technology across the country](#).

### **General practice case studies**

NHS England has published the following case studies relating to general practice:

- [Reducing GP pressure with less incoming correspondence](#) – Thornbury Road Centre, London
- [Making quality improvement a way of working in general practice](#) – Gloucestershire CCG, South West
- [GP Career Plus Case Study](#) - Somerset Primary Healthcare Ltd

### **Approved costing guidance: community / education and training**

NHS Improvement has added *Healthcare costing standards for community services and education and training* to their suite of costing guidance documents. The standards include information requirements and costing processes, costing methods and a technical document for each area.

[Guidance](#)

### **Newborn and infant screening**

Public Health England has published *Newborn and infant physical examination quality improvement guidance*. This document presents guidance for providers and commissioners to improve quality in the NHS newborn and infant physical examination screening programme.

[Guidance](#)

### **Safeguarding children**

The Department of Education has published *Working together to safeguard children 2018*. This is revised statutory guidance on inter-agency working to safeguard and promote the welfare of children. It sets out new legal requirements for local police, councils and health services who will be required to make joint safeguarding decisions.

[Guidance](#)

Additional link: [Press release](#)

### **Childhood vulnerability**

The Children's Commissioner has published *Vulnerability report 2018* which brings together a range of information held by various government departments, agencies and others to reveal the scale of child vulnerability in England. It estimates that 2.1 million of England's 11.8 million children – one in six – are living in families with risks so serious that they need some level of help.

[Report](#)

### **Improving adult cranial neurosurgery**

The Getting It Right First Time (GIRFT) programme has published *Cranial neurosurgery: GRIFT Programme national speciality report*. This report sets out 15 recommendations to improve the way adult cranial neurosurgery is delivered in the NHS.

[Report](#)

### **Pressure ulcer resources**

NHS Improvement has published:

- [Pressure ulcers: revised definition and measurement framework](#) – supports board and senior leaders to deliver a consistent approach to defining and measuring pressure ulcers
- [Pressure ulcer core curriculum](#) – provides education to nurses and other healthcare professionals on the steps needed to prevent pressure ulcers from developing and causing avoidable harm

### **Reducing antibiotic prescribing**

Public Health England has worked with Imperial College London to assess the *impact of the Quality Premium on the rate of antibiotic prescribing*. The results show that the number of patients prescribed antibiotics by their GP for common respiratory infections, for which antibiotics are generally not needed, decreased by 3% following the introduction of the national incentive scheme.

To read more [click here](#)

### Drug health harms

Public Health England has published *National intelligence network on drug health harms briefing: March 2018*. This briefing contains information on the health harms associated with drug use. It includes recent intelligence on blood-borne viruses, bacterial infections, mental and physical health harms and drug-related deaths. The briefing is intended to help inform commissioning and service provision and to improve practice in local services.

[Briefing](#)

### Physiotherapy for musculoskeletal health and wellbeing

The National Institute for Health Research has published *Moving forward: physiotherapy for musculoskeletal health and wellbeing*. This review includes 30 physiotherapy-related published studies funded by the National Institute for Health Research (NIHR) which have made a difference to musculoskeletal health and care. It highlights evidence on why research in this area matters, assessment and matching patients to treatment, restoring musculoskeletal health and maintaining musculoskeletal wellbeing.

To read more [click here](#)

### Physical activity: muscle and bone strengthening

Public Health England has published *Muscle and bone strengthening and balance activities for general health benefits in adults and older adults*. This report is part of a suite of resources aimed at addressing the physical inactivity epidemic. It summarises a rapid evidence review of muscle and bone strengthening and balance activities (MBSBA) for general health benefits in adults and older adults. It makes suggestions for actions to implement the findings for the public, practitioners and policy makers.

[Report](#)

Additional links: [Framework for physical activity resources](#) [PHE press release](#)

### Meningococcal Working Group

The Department of Health and Social Care has published *Meningococcal Working Group report*. This report sets out 12 recommendations aimed at organisations and bodies that have a role to play in improving awareness and early diagnosis of sepsis and meningococcal disease. These organisations have been asked to set out how they plan to respond by the end of September 2018.

[Report](#)

### Improving care for people with MS

The Nuffield Trust has published *Improving care for people with MS: the potential of data and technology*. This report maps out the technology already available for people with MS, and considers what more could be done with what is available and how data and technology could be better exploited in future to improve MS health care.

[Report](#)

Additional link: [Nuffield Trust blog](#)

### Travel times for cancer patients

Public Health England has published the following reports relating to travel times and cancer:

- [Pilot study of the impact of travel times on cancer outcomes](#) (pdf) - survival rates of cancer patients were investigated by travel time to their nearest hospital with a relevant multidisciplinary team for breast, prostate, lung and colorectal cancer.
- [Impact of travel time on rates of treatment with radiotherapy](#) (pdf) - analysis of prostate cancer radiotherapy treatment rates showed that the percentage of patients receiving radiotherapy did not decrease with increasing distance to the nearest radiotherapy centre
- [Learning from pilots and standardising methodology](#) (pdf) - sets out the principles that should be considered when producing travel times analysis, based on the methodological issues that these early projects have highlighted.

### Workforce census data

The following health workforce census reports have been published:

- [Clinical Oncology UK Workforce Census Report 2017](#) - provides a profile of the clinical oncology workforce in the UK.
- [Focus on Physicians 2017-18 census \(UK consultants and higher specialty trainees\)](#) - provides data on the state of the physician workforce in the UK

### NHS Health Check impact

RAND has published *Delivery and impact of NHS Health Check in the first 8 years*. This article, published in the British Journal of General Practice, reviews quantitative evidence on NHS Health Checks. It finds published attendance, uptake, and prescribing rates are all lower than originally anticipated, and data on impact are limited, with very few studies reporting the effect of attendance on health-related behaviours.

To read more [click here](#)

## ONLINE RESOURCES

### 70 apps in library NHS Apps Library for 70<sup>th</sup> birthday

The NHS Apps Library, currently in a beta testing phase, brings digital tools together in one place.

A number of apps have now been verified as 'NHS Approved' – meaning there is clinical evidence that it supports clinical outcomes – or 'Being Tested in the NHS', which means they are part of an NHS programme that is monitoring and gathering evidence.

[NHS Apps Library](#)

**Additional link:** <https://www.digitalhealth.net/2018/07/nhs-england-70-apps-library/>

The screenshot shows a user interface for the NHS Apps Library. At the top, there is a filter dropdown menu labeled 'FILTER BY CATEGORY'. Below this, a grid of six app cards is displayed. Each card includes an app icon, the app name, a status badge (e.g., 'NHS Approved' or 'Being Tested in the NHS'), a brief description, and a category label at the bottom.

App Name	Status	Description	Category
myCOPD	NHS Approved	myCOPD helps people with COPD to better manage their condition.	COPD
Cove	Being Tested in the NHS	Create music to capture your mood and express how you feel with the Cove app.	MENTAL HEALTH
Chill Panda	Being Tested in the NHS	Learn to relax, manage your worries and improve your wellbeing with Chill Panda.	MENTAL HEALTH
Rafi-Tone		The Rafi-Tone app is designed to make using an inhaler with a spacer easier and more fun for young children with wheeze or asthma symptoms...	OTHER
Beat Panic		Beat Panic is designed to guide people through a panic attack or raised anxiety using their phone.	
Feeling Good: positive mindset		Relax your body and mind with a series of audio tracks designed to help you build confidence, energy	

## NIHR Signal

The National Institute for Health Research has published the following Signals containing summaries of published research for health and social care decision makers:

- [Cartoons are promising for reducing dental anxiety in children](#)
- [Opioid drugs are no better than standard painkillers for long-term back and joint pain](#)
- [Oral ibuprofen may be an option for closing patent ductus arteriosus in premature babies](#)
- [Fish oil supplements are ineffective for treating dry eyes](#)
- [Cannabis derivative may reduce seizures in some severe drug-resistant epilepsies, but adverse events increase](#)
- [Group-based diet and exercise programmes can lead to weight loss](#)
- [Yoga-based exercise can improve well-being for older people](#)
- [Early, intense rehabilitation helps recovery after serious traumatic head injury](#)
- [Balanced electrolyte solutions give marginal benefit over saline for very ill patients](#)

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## NICE surveillance reports

NICE has published the Surveillance Reports below. These provide a summary of new evidence published related to a NICE guideline and include the decision that NICE has taken about the need to update the relevant clinical guideline in light of this new evidence.

- [Epilepsies: diagnosis and management \(CG137 - 2012\)](#)  
– surveillance decision: NICE plan a full update of the guideline.
- [Antisocial behaviour and conduct disorders in children and young people: recognition and management \(CG158 - 2013\)](#) - surveillance decision: NICE plan a partial update of this guideline
- [Obesity: identification, assessment and management \(CG180 - 2014\)](#)  
- surveillance decision: NICE plan a partial update of this guideline
- [BMI: preventing ill health and premature death in black, Asian and other minority ethnic groups \(PH46 - 2013\)](#) - surveillance decision: NICE propose to withdraw this guideline and incorporated the recommendations into NICE guideline CG189.
- [Rehabilitation after critical illness in adults \(CG83 – 2009\)](#) - surveillance decision: NICE will not update the guideline at this time but will undertake an exceptional surveillance review of the guideline following publication of 2 scopes of closely related guidelines (provisional date January 2020).
- [Oral health: local authorities and partners \(PH55 - 2014\)](#)  
- surveillance decision: NICE will not update the guideline at this time
- [Dental checks: intervals between oral health reviews \(CG19 - 2004\)](#)  
- surveillance decision: NICE will not update the guideline at this time
- [Oral health promotion: general dental practice \(NG30 - 2015\)](#)  
- surveillance decision: NICE will not update the guideline at this time
- [Oral health for adults in care homes \(NG48 - 2018\)](#)  
- surveillance decision: NICE will not update the guideline at this time
- [Faecal incontinence in adults: management \(CG49 – 2007\)](#)  
- surveillance decision: NICE will not update the guideline at this time
- [Constipation in children and young people: diagnosis and management \(CG99 - 2010\)](#)  
- surveillance decision: NICE will not update the guideline at this time

## HQIP

### National Clinical Audit and Patient Outcomes: Findings and recommendations

#### National Diabetes Insulin Pump Audit 2016-2017

<https://www.hqip.org.uk/resource/national-diabetes-insulin-pump-audit-2016-2017/>

#### MBRRACE-UK Perinatal Mortality Surveillance Report 2018

<https://www.hqip.org.uk/resource/mbrpace-uk-perinatal-mortality-surveillance-report-2018/>

#### National Audit of Breast Cancer in Older Patients: 2018 Annual Report

<https://www.hqip.org.uk/resource/national-audit-of-breast-cancer-in-older-patients-2018-annual-report/>

#### Clinical Audit Awareness Week to return in November 2018

<https://www.hqip.org.uk/news/dates-announced-for-2018-clinical-audit-week/>

## Patient-focused reports

#### Fracture Liaison Service Database (FLS-DB) clinical audit report October 2017

<https://www.hqip.org.uk/resource/fracture-liaison-service-database-fls-db-clinical-audit-report-october-2017/>

## Career opportunities:

#### NJR role: National Joint Registry steering committee seeks medical director

<https://www.hqip.org.uk/work-for-us/national-joint-registry-steering-committee-njrsc-medical-director/>

## Events:

Free workshop for national audit teams: Learning from exceptional performers to improve the quality and safety of care

<https://yqsr.org/latest-news/>

## ➤ MENTAL HEALTH NEWS

### Maternal mental health checks

The Centre for Mental Health has published *Review of the National Childbirth Trust Hidden Half report and GP consultation*. This report, commissioned by the National Childbirth Trust, explores the implications of extending the current six-week health check for babies to include a consultation about the wellbeing of the mother. It concludes that an additional health check with GPs would provide an important opportunity to help women whose difficulties were missed during pregnancy.

[Report](#)

Additional link: [Centre for Mental Health press release](#)

### Mental Capacity (Amendment) Bill

The *Mental Capacity (Amendment) Bill* was introduced to the House of Lords on 3 July and seeks to replace the current system known as 'Deprivation of Liberty Safeguards' (DoLS). DoLS was criticised by a 2017 Law Commission review for being too complex and bureaucratic. The government has now developed a new system, known as 'Liberty Protection Safeguards', which will become law through the bill.

To read more [click here](#)

Additional link: [Mental Capacity \(Amendment\) Bill](#)

### Transition from child and adolescent mental health services

The Healthcare Safety Investigation Branch has published *Investigation into the transition from child and adolescent mental health services to adult mental health services*. The investigation reviewed the transition of care from child and adolescent to adult mental health services to understand how variations in the transition impacts the safe and effective care of young people. A number of recommendations have been made to NHS organisations to make the transition smoother and safer.

To read more [click here](#)

Additional link: [HSIB press release](#)

### National Clinical Audit of Psychosis

The Healthcare Quality Improvement Partnership has published *National Clinical Audit of Psychosis: national report for the core audit*. This report presents the findings from the core audit of the National Clinical Audit of Psychosis (NCAP). The audit focused on four issues relating to the quality of care provided for people with psychotic disorders: management of physical health, prescribing practice, access to psychological therapies and outcomes.

[Report](#)

#### EXTRACTS FROM THE MENTAL ELF BLOG

#### Keeping you up to date with reliable mental health research, policy & guidance

- Poorer cardiovascular screening, diagnosis and management if you have a mental illness
- Third wave CBT for psychosis: how reliable is current evidence?
- Joint risks? Tobacco and cannabis and psychotic symptoms
- Brutalised child soldiers and traumatic distress
- Nature-based therapy for stress-related illnesses
- How do life events impact upon therapeutic work with children and young people?  
#MHED2018

Full reviews at: <http://www.thementalelf.net/#sthash.1TMfsI0G.dpuf>

South News

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Royal Cornwall Hospitals reports benefits from maternity information system

<https://www.digitalhealth.net/2018/07/royal-cornwall-hospitals-reports-benefits-from-maternity-information-system/>

## ➤ BEHIND THE HEADLINES

[Babies fed solids earlier 'sleep better'](#)

[HIV vaccine 'shows promising results in humans'](#)

[Mums with healthy habits 'less likely' to have obese children](#)

[Is sleep apnoea a risk factor for dementia?](#)

[New blood-thinning drug 'less likely to cause bleeding' than warfarin](#)

[HPV testing could be more accurate than smear tests for initial screening of cervical cancer](#)

[Another study finds coffee might reduce risk of premature death](#)

[No proof walnuts prevent diabetes](#)

[Italian study suggests human lifespan could continue increasing](#)

[Seeing same doctor every time 'reduces risk of death'](#)

[Binge drinking may raise blood pressure in younger men](#)

Full list available at:

<http://www.nhs.uk/News/Pages/NewsIndex.aspx>

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## ➤ EVIDENCE-BASED PRACTICE

### NICE Guidance for July 2018

Ref	Title	Type
NG99	<a href="#">Brain tumours (primary) and brain metastases in adults</a>	NICE guidance
NG100	<a href="#">Rheumatoid arthritis in adults: management</a>	NICE guidance
QS33	<a href="#">Rheumatoid arthritis in over 16s</a>	Quality standard
QS170	<a href="#">Spondyloarthritis</a>	Quality standard
DG33	<a href="#">Biomarker tests to help diagnose preterm labour in women with intact membranes</a>	Diagnostic guidance
MIB151	<a href="#">Airglove air warming system for venous access</a>	MedTech Innovation briefing
TA527	<a href="#">Beta interferons and glatiramer acetate for treating multiple sclerosis</a>	Technology Appraisal guidance
TA528	<a href="#">Niraparib for maintenance treatment of relapsed, platinum-sensitive ovarian, fallopian tube and peritoneal cancer</a>	Technology Appraisal guidance
TA529	<a href="#">Crizotinib for treating ROS1-positive advanced non-small-cell lung cancer</a>	Technology Appraisal guidance
TA530	<a href="#">Nivolumab for treating locally advanced unresectable or metastatic urothelial cancer after platinum-containing chemotherapy</a>	Technology Appraisal guidance

#### NICE Bites: heavy menstrual bleeding

The June 2018 NICE Bites bulletin from the North West Medicines Information Service covers [heavy menstrual bleeding](#). This publication provides a summary of key prescribing points taken from the NICE guidance NG88.

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## ➤ LIBRARY NEWS

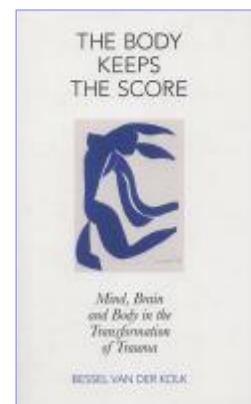
### Books added to Library stock

#### **The body keeps the score: mind, brain and body in transformation trauma**

Bessel A. van der Kolk 2014

Trauma does not just happen to other people - it happens to us, our friends and family and our neighbours. While humans are an extremely resilient species, able to rebound from relentless wars, family violence and manmade disasters, experiences like these inevitably leave traces- on our minds, our emotions and even on our biology and immune systems. This matters not just to those who are directly affected, but to the people around them- the wives of men with PTSD tend to become depressed, abused children often go on to have violent relationships, soldiers are prone to terrorizing their families.

In *The Body Keeps the Score*, Dr Bessel van der Kolk shares thirty years of experience in dealing with the traumatized to offer a new paradigm for treating traumatic stress and restoring the capacity for pleasure, intimacy and joy. Standard talking and drug therapies, he argues, have not been proven to resolve the imprint of trauma in sufferers' lives. We now understand how traumatic experiences literally rearrange the brain's wiring and how, under the right circumstances, the areas of the brain dedicated to feelings of meaning, engagement, control and trust can be activated again. That understanding has allowed us to develop tools to help traumatized people regulate their emotions and engage fully in life, ranging from neurofeedback to trauma processing, mindfulness meditation to play and yoga.



Check availability on the [library catalogue](#)

#### **Type 2 diabetes mellitus**

Thomas Fox et al 2018

Of interest to medical students and foundation doctors.

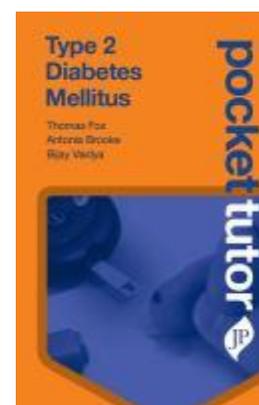
Topics reflect information needs stemming from today's integrated undergraduate and foundation courses:

- Common presentations
- Investigation options (e.g. ECG, imaging)
- Clinical and patient-orientated skills (e.g. examinations, history-taking)

The highly-structured, bite-size content helps novices combat the 'fear factor' associated with day-to-day clinical training, and provides a detailed resource that students and junior doctors can carry in their pocket.

Key points

- Breaks down a subject that students find complex and daunting, using clear images, concise and informative text, and specific management scenarios
- Logical, building-block approach to content: initial chapter on obesity and causes of diabetes, followed by focus on clinical features and management. Subsequent chapters address the complications of diabetes, including their epidemiology and management
- Additional focus on prevention, psychological strategies, tips for motivating patients
- Up-to-date: includes recommendations by the American Diabetes Association Standards of Medical Care in Diabetes 2017



Check availability on the [library catalogue](#)

## ➤ JOURNAL TOCs

### Journal Table of Contents alerts (TOCs)

Keep up to date with the latest journal articles in your subject or from your favourite journals by visiting the Library Netvibes webpages [here](#)

To visit Netvibes directly click on the icon below or go to <http://www.netvibes.com/musgrovelib#Welcome!>



- Navigate to the topic tab of your choice, mental health, nursing etc.,
- Click on article titles of interest and read abstracts

Articles highlighted in these contents alerts may be available as fulltext immediately with an [OpenAthens password](#)

If the item you need is not available via OpenAthens the library will obtain a copy for you. Email article details to [library@tst.nhs.uk](mailto:library@tst.nhs.uk)

Library Staff (01823) 342433

The screenshot shows the Netvibes website interface. At the top, there's a navigation bar with 'Library Service, Musgrove Park Hospital' and 'Sign Up' / 'Sign In' buttons. Below that is a main menu with various medical and health-related categories. The central part of the page is titled 'Health resources - table of contents and lots more!' and is divided into several columns. The left column has a 'REQUEST AN ARTICLE' section and 'ABOUT THESE CONTENTS ALERTS' section. The middle column features 'Clinical Rehabilitation: Table of Contents' and 'Journal of Physiotherapy'. The right column has 'Physiotherapy' and 'Shoulder & Elbow: Table of Contents'. At the bottom, there are sections for 'Spine - Current Issue' and 'Journal of Orthopaedics'. Each section contains a list of articles with their titles, authors, and dates.

If you have any feedback on this alternative way of viewing articles we would be glad to hear from you.

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We welcome any feedback about the content or format of the Library Information Alert and are happy to receive items for inclusion. Please contact [library@tst.nhs.uk](mailto:library@tst.nhs.uk)

The current issue of this Alert, together with the Archive of previous issues is available via the Library web pages on the Musgrove Park Hospital Intranet.